



Effects of accountability

When we're accountable, it affects a lot of things:

- our relationships
- our reputation
- our career
- our well-being

When we're not accountable, it affects those same things, too. Just in different ways.

Take a look at the situations below where someone is not being accountable at work. How do you think each action helps the person's relationships, reputation, career and well-being? How does it hurt them? Think about the short-term and long-term.

Situation	Helps:	Hurts:
Raj's coworker has an idea that makes their work go a lot faster. When their boss congratulates them on making such good time, Raj takes the credit.		
Lily sees a few of her coworkers bullying the new employee. She doesn't join in, but she doesn't say anything about it either.		
When Jon's boss gives him feedback, he ignores it. Jon thinks his work is just fine as is.		
Zeke is always late for meetings.		
When Mina's boss is out of the office, she takes a longer lunch and longer breaks.		